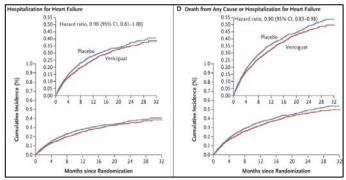
Heart Failure: Updates and Opportunities

Society of Hospital Medicine Rapid Clinical Updates HF Session 4

Vericuguat for Systolic HF



Context: Heart failure (HF) patients have reduced

sensitivity to endogenous nitric oxide (NO).

Current: Vericiguat, a guanylate cyclase stimulator,

increases guanosine mono-phosphate (GMP) pathway activity and increases sensitivity to

endogenous NO.

Cutting edge: The VICTORIA Trial shows that vericiguat in patients with severe systolic HF led to fewer

HF admission and may help reduce mortality.¹

Omecamtiv Mecarbil for systolic HF

Context: Positive inotropes may help patients with systolic HF.

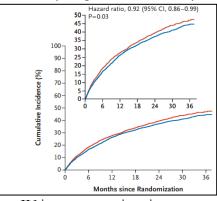
Current: Omecamtiv mecarbil selectively activates cardiac myosin to

directly augment sarcomere function and increase inotropy.

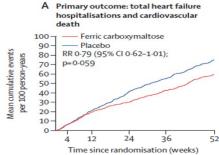
Cutting Edge: The GALACTIC-HF Trial shows that omecamtiv mecarbil may

reduce a composite of HF events or cardiovascular death but

not cardiovascular death as a solo outcome.²



IV Iron for systolic HF



Context:

Current:

Ferric carboxymaltose (FCM), an IV iron preparation, improves subjective and objective measures of quality of life for patients

with systolic HF and iron deficiency.³

Recent evidence suggests initiating IV iron during admission

also improves outcomes for these patients.4

Cutting Edge: IV iron repletion during hospitalization is likely a safe, effective way to improve outcomes for patients with systolic HF.

Guideline Directed Medical Therapy (GDMT)

Context: GDMT remains the cornerstone of

optimal HF treatment.

Current: GDMT includes 4 main treatment

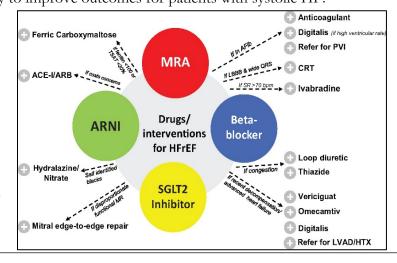
strategies: RAAS inhibition, betablockade, mineralocorticoid receptor antagonist, and SGLT2 inhibitors.⁵

Cutting Edge: Robust evidence shows GDMT to be

safe and effective.⁶ Novel agents remain

adjunct considerations only after

initiation and maximization of GDMT.



References:

- 1. PW Armstrong, et al. Vericiguat in Patients with Heart Failure and Reduced Ejection Fraction. NEJM. 2020;382(20):1883-1893.
- 2. JR Teerlink, et al. Cardiac Myosin Activation with Omecamtiv Mecarbil in Systolic Heart Failure. NEJM. 2021;384(2):105-116
- 3. SD Anker, et al. Ferric carboxymaltose in patients with heart failure and iron deficiency. NEJM. 2009;361(25):2436-2448.
- 4. P Ponikoswki et al. Ferric carboxymaltose for iron deficiency at discharge after acute heart failure. Lancet. 2020;396(10266):1895-1904.
- 5. Image from: Johann Bauersachs, Heart failure drug treatment: the fantastic four, *European Heart Journal*, Volume 42, Issue 6, 7 February 2021, Pages 681–683, https://doi.org/10.1093/eurheartj/ehaa1012
- 6. ACC/AHA Guideline for the Management of Herat Failure: Executive Summary. Circulation. 2013;128(16):1810-1852.